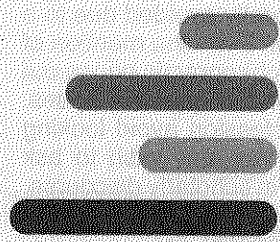


# The ADJUSTMENT

the professional chiropractor's resource

May 25, 2009 Volume 1 Number 1 Tiffin, IA



# titronics

POSTAL CUSTOMER

## Titronics Introduces a New Chiropractic Resource

We here at Titronics are just as passionate about chiropractic as you are. For close to 30 years now we have been developing, manufacturing and engineering chiropractic instruments. Our flagship product is the Tytron thermography unit, but we've been busy developing other great products such as our new range of motion device and one super secret project we will be unveiling at Upper Cervical Evolution in April.

The point of "The Adjustment" newspaper is not to promote ourselves, though.

We wanted to get chiropractic back to the science. Every publication we read anymore is littered with advertisements and filler material. The science of it just seems to fall off. That is where "The Adjustment" will differ. The paper will be almost entirely doctor submitted. Case studies, patient success stories, marketing methods and once in a while a patient submitted story will make it. We will update you with our news as well.

There will be no advertisements other than schools and upcoming shows. We will be offering a

classifieds section so you can sell your old equipment or pick up something your office may need. You can also use it to post job openings. You can even take out a full page to display your resume. Like we said, it's about the science and discipline that B.J. worked so hard to create, let's get back to those teachings!

The first 2 issues of "The Adjustment" are free. The publication will be issued once every 2 months (6 issues per year). After that it will be \$50 per year. So if you like what you see in these first few issues you can sign up for the

year. If you would like to be a contributor, give us a call and we will consider you. Currently we have about 30 doctors submitting case studies and patient stories, you could be one of those doctors!

### Above, Down, Inside out

by: Tom Forrest DC

How would you like to lose your x-ray rights?

"You've ruined my golf game!" These were the first few words I'd heard upon entering the adjusting room while I greeted the patient who had been under care for two weeks. The patient is a "scratch golfer" and now that both her shoulder and pelvic girdle have leveled out following an atlas correction, she is now forced to learn to re-groove her swing...and she is taking a lot of divots! But she further commented, "Although, ever since you adjusted my neck, my chronic constipation, which required daily laxatives for over a decade, has completely disappeared. It is very difficult for a golfer to say this but I'd almost give up my golf game for a normal digestive system...almost!"

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## Chiropractic Management of a Paralytic Autoimmune Disorder

by: William C. Amalu, DC, DABCT, DIACT, FIACT

Approximately one in five people, or 50 million Americans, suffer from autoimmune diseases. The term "autoimmune disease" refers to a varied group of more than 80 serious, chronic illnesses that involve almost every organ system. It includes diseases of the nervous, gastrointestinal, and endocrine systems as well as the eyes, blood, blood vessels, skin and other connective tissues. In all of these diseases, the underlying problem is the same – the body's immune system becomes misdirected, attacking the very

organs it was designed to protect. The greatest percentages of those affected with this disease are women, with autoimmune conditions representing the fourth-largest cause of disability among women in the United States.

Research indicates that autoimmune diseases are linked to a dominant genetic trait that is very common (20 percent of the population), and that it may present in families as different autoimmune diseases within the same family. For example, a mother may have SLE; her daughter,

**AUTOIMMUNE** continued on page 4

## Our Finest Hour

by Myron Brown, DC



On June 26, 2008 National Public Radio featured an interview with the author of a new book that relates

a fascinating true story.<sup>1</sup> This work and at least 3 other books currently available at Barnes & Noble and Amazon are dedicated to the event, which unfolded in post World War II Germany. This reflection of the best side of humanity has received relatively little notoriety, but persons interested in the advancement of chiropractic should take notice.

Few of us know the name, Hal Halvorsen. Halvorsen is the hero in the book, *The Candy Bombers*, written by Andrei Cherny. Listening to the interview we also heard from 87 year-old Halvorsen himself and learned how one person, when committed to an idea, can take action, rouse others and effect change. The backdrop was the Berlin Airlift of 1948 and the Cold War was gaining momentum. The United States and Britain were defying the Soviet blockade of supplies to West Berlin, Germany with a massive airlift. For a year the city was supplied with food and fuel by the airlift. Halvorsen, one of the pilots, explained how the people of Germany felt about the dramatic action, "They looked at that flour and back at you like you're angels

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